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CANADIAN WOLF HITS THE BIG TIME ON GAME OF THRONES
metroNEWS

Vancouver metro

Your essential daily news | THURSDAY, MAY 14, 2015 | High 18°C/Low 11°C Cloudy

Vancouver filmmaker Patrick Stark is one step closer to realizing his dream of singing on stage with U2 after meeting frontman Bono last weekend. Story, metroNEWS. GETTY IMAGES

Towers on horizon for Sinclair Centre

DOWNTOWN

Feds pitching redevelopment of heritage site

Emily Jackson
Metro | Vancouver

The four heritage buildings that make up the century-old Sinclair Centre could soon transform into tall towers as part of a proposal that could leave the brick Waterfront Station on the edge of historic Gastown surrounded by glass buildings.

City staff received council's approval Wednesday to consider an application by Public Works and Government Services Canada to nearly quadruple the density at 757 West Hastings St. to a total of 1.1 million square feet of office space.

To reach that density, the city would consider rezoning the site for towers as tall as 29 storeys, senior downtown planner Michael Gordon told council.

Gordon was adamant the redevelopment would not infringe upon existing view corridors and that the heritage buildings would be preserved to the "greatest extent possible."

There are already plans underway to build a 31-storey tower next door to the Sinclair Centre across the street from the station, and a 26-storey tower in the parking lot next door to the station.

But planning staff told council there is demand for office space downtown, especially near the central transit hub with the Canada Line, the Expo and Millennium Lines, the SeaBus, and the West Coast Express.

"I don't think you could find a better site for transit in the province," planner Kevin McNaney said.

The federal government wants to build on the site to consolidate its offices around the region, said Steve Kelly, Public Works and Government Services Canada's regional director of real-estate services.

"This particular application is looking for a low-cost solution to ensure jobs stay within the City of Vancouver," Kelly said. "Right now, as costs increase, it's pushing us outside of Vancouver."

Council's decision to consider the application does not mean it will ultimately rezone the land.

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metro NEWS

Your essential daily news

As Mad Men winds down, Canadian ad execs reflect. **Business**

B.C. mother can relate to airplane birth

PEOPLE

Nanaimo woman also had a 'cryptic pregnancy'

Thandi Fletcher
Metro | Vancouver

For Josephine Anglin, the first clue she was pregnant came in the form of crippling back pain.

The Nanaimo, B.C., mom, who went to hospital last September with a backache only to find out that she was nine months pregnant and in labour, said she could immediately relate to a Victoria's Ada Guan, who delivered a baby girl without realizing she was pregnant while on a flight to Tokyo last Sunday.

"It was definitely a shocker," Anglin told Metro.

"I think it was more my adrenaline going, but it didn't actually hit me until two or three days after getting home."

The surprise Mother's Day birth of baby Chloe on an Air Canada flight to Japan has made international headlines, prompting many to wonder how new parents Guan and boyfriend Wesley Branch didn't realize she was pregnant.

Called "cryptic pregnancies," some research suggests that as many as one out of every 475 births is a surprise.

But Vancouver obstetrician and gynaecologist Dr. Neeraj Mehra said it is an unusual phenomenon.

"It's rare but it certainly does happen," said Mehra, adding that in his 10 years in the medical field, he has only encountered one patient who claims to have not known she was pregnant until shortly before birth.

In some cases, he said psychological reasons are a factor, especially for young women who may feel shame and subconsciously attempt to hide the pregnancy.

"There's certainly some psychological component on it," he said. "I think people do go into self-denial."

In other cases, Mehra said obesity may disguise a baby bump, or women may have irregular periods and don't think anything of missing a period.

For Anglin, she said she had no pregnancy symptoms at all. She said she didn't experience any morning sickness, mood swings or food cravings, and wore the same clothes throughout the pregnancy.

Anglin said she sympathizes with new mom Guan who, like her, is being thrust into motherhood without any time to prepare.

While other mothers have nine months to get ready for their new arrivals, Anglin said she gave her boss only a few hours notice that she wouldn't be showing up for her 9 a.m. shift.

While motherhood has been an adjustment, Anglin said the experience has been overwhelmingly positive and she "wouldn't change it for the world." Her baby girl, Nevaeh, is now eight and a half months old and almost walking.

But Anglin said Guan should prepare herself for some public scrutiny. After her birth made headlines, Anglin said she received some negative feedback from people who criticized her weight.

"I just shooed it off," she said. "The way I looked at it, I had this blessing in my life. She was the best thing that could have ever happened to me. I love her to bits and pieces."

Nanaimo, B.C., mom Josephine Anglin with daughter Nevaeh. Anglin went into labour without knowing she was pregnant. CONTRIBUTED

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Jobs top issue for voters

POLITICS

Poll shows Mulcair has best approval rating in B.C.

Matt Kieltyka
Metro | Vancouver

Jobs are the No. 1 issue concerning British Columbian voters, according to a new Insights West poll.

The poll, released Wednesday, was designed to gauge British Columbians' opinion of federal parties, leaders and issues ahead of the next election and see where the Conservatives, New Democrats, Liberals and Greens stand in the province.

If the federal election were held tomorrow, 35 per cent of respondents said they would cast their ballot for the NDP candidate in their riding, 29 per cent for Conservatives, 25 for the Liberal party and 10 for the Greens.

Similarly, NDP Leader Thomas Mulcair enjoys the best approval rating in B.C. (52 per cent), followed by Justin Trudeau (46), Elizabeth May (44) and Stephen Harper (35).

NDP Leader Tom Mulcair asks a question during Question Period in the House of Commons on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

Despite having the lowest approval rating among party leaders, Harper is still seen as the person who would "make the best Prime Minister of Canada".

Insights West vice-president Mario Canseco said the poll gives B.C. a preliminary look at the province's political leanings, but said the numbers could sway greatly once the election is officially called and campaigns are in full swing.

More helpful, perhaps, are the issues respondents said were most important to Canada.

Thirty per cent identified jobs and the economy as the top issue, followed by government accountability (22 per cent), health care (15), housing, poverty and homelessness (12) and the environment (8).

Canseco said it wasn't surprising to see jobs take precedent over the environment, especially amongst young voters.

"People are looking for something that will help them in the stage of life they are in," said Canseco. "In the 18 to 32-year-old demographic, people are worried about what they're going to do for a living and how they're going to be able to afford a home."

That means parties that focus on student debt and housing affordability issues could do well in B.C. swing ridings, as long as youth get out to vote, Canseco said.

The results were based on an online study among 814 adult British Columbians conducted from May 7 to 9.

The margin of error is +/- 3.1 percentage points.

The study is the first time Insights West has polled British Columbians about federal politics.

Canseco said the company will continue to track public opinion leading up to, and during, the federal election campaign expected later this year.

IN BRIEF

Shoplifting suspect hit by car during getaway

Mounties say an alleged shoplifter hit by a car in Coquitlam while running from the scene is in hospital with life-threatening injuries. The woman, who has not yet been identified, was hit in the fast lane of the Trans-Canada Highway around 9:30 p.m. Tuesday, said Cpl. Ronda Rempel of B.C. RCMP Traffic Services.

Rempel said she and a second woman are suspects in a minor theft from the Lougheed Highway Superstore, and that both were attempting to escape across the highway. Police have not been able to find the second woman, who made it across safely.

The driver of the vehicle remained at the scene, along with several witnesses, and is co-operating with investigators, she said.

"We know this incident is traumatic for the driver and witnesses," Rempel said in a statement. "We are very grateful to everyone who remained on scene to assist the police with this tragic event."

THANDI FLETCHER/METRO

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RESEARCH

Overfishing contributing to shark decline: SFU

Matt Kieltyka
Metro | Vancouver

Overfishing, not sustainable management, has contributed to a 20 per cent drop in shark and ray catches globally, according to Simon Fraser University researchers.

In a study recently published in the journal Fish and Fisheries, SFU biological sciences researchers Lindsay Davidson and Nicholas Dulvy combed through international landings databases and compared them to the fishing practices of 126 nations to see why the global shark fishery has seen such a sharp decrease since peaking in 2003.

The United Nations Food and Agriculture Organization said it hoped the drop was partially due to the implementation of more sustainable fisheries management and regulations, but Davidson said their research disproves that theory.

Overfishing and population decline, she said, were the real culprits, especially in countries with high human coastal populations that rely on shark and ray meat exports, such as Pakistan, Sri Lanka and Thailand.

"I think it's really important (to know what caused the decline)," said Davidson. "Now that we have evidence of what is causing these declines, the paper highlights what we need to do. It's a global problem."

Shark and ray are prized commodities in some countries, which has led to illegal open-water fisheries, smuggling and under-reporting.

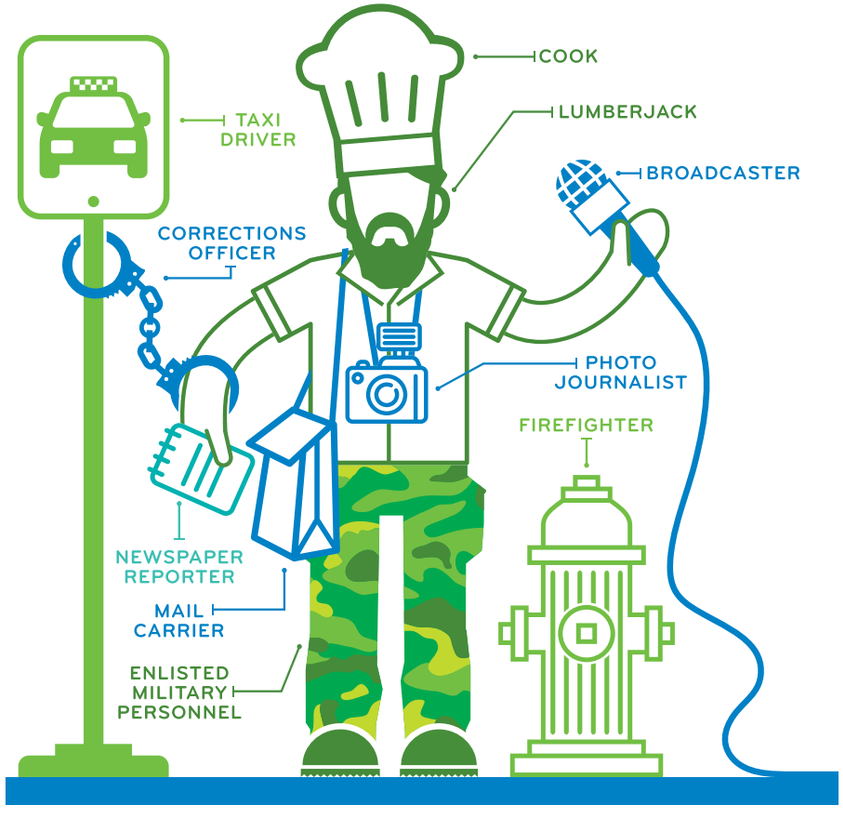
Davidson said a quarter of shark and ray species are at risk of extinction.

But progress is being made.

Public awareness of the issue is increasing and Western countries such as Canada, the U.S. and Australia have developed comprehensive shark plans and are working towards sustainable fisheries.

TURNS OUT THE ONLY THING SEXY ABOUT A LUMBERJACK IS HIS BEARD.

10 of the most stressful jobs you may want to think twice about.



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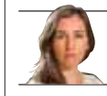
The Main Post Office building in Downtown Vancouver.
ERIC DREGER/THE CANADIAN PRESS

Plan to save post office

HERITAGE

Vancouver plots massive redevelopment



Emily Jackson
Metro | Vancouver

Plans to redevelop the postwar Main Post Office in Downtown Vancouver intend to save the architecturally celebrated building.

City council voted Wednesday to allow Bentall Kennedy to proceed with a rezoning application that could include condos, rental units, office space, retail or even a hotel built atop the existing mid-century building with granite, marble and terra cotta tile features.

The developer also promises to build a public plaza on the existing parking lot.

As it stands, residential use is not allowed on the property at 349 West Georgia St. that encompasses an entire block due to a 2008 council policy created to discourage residential land speculation and keep commercial prices down.

But the city will consider relaxing this because of the site's size and the opportunity to retain the heritage building, senior downtown planner Michael Gordon told council. Saving the heritage building could also buy the developer some extra density.

Mayor Gregor Robertson said it is "fantastic" to see a proposal for the vacant site, which he described as an "iconic and historic whole city block that certainly needs a refresh."

The post office is in the midst of a neighbourhood that's poised for massive change. It's beside Larwill Park, city land slated to become future home of the Vancouver Art Gallery if the gallery's board can muster millions in funding.

"The entire area is certainly ripe for broad consideration," Coun. Geoff Meggs said, asking staff to keep the bigger picture in mind while working on the rezoning application.

IN BRIEF

Man suspected of murdering his wife arrested

A man suspected of killing his wife and critically injuring a second woman has been arrested in Vancouver days after police issued a warrant for his arrest.

Investigators say 34-year-old Gordon David was arrested by patrol officers on Tuesday while he was walking down a street. Police say he is facing a manslaughter charge in the death of his spouse, 23-year-old Cady Quaw, and an aggravated assault charge in an incident involving another woman.
THE CANADIAN PRESS

Man taken to hospital after being shot by Mountie

British Columbia's police watchdog is investigating after a man was shot by a Mountie in Burnaby.

Kellie Kilpatrick of the Independent Investigations Office of B.C. says the incident happened at about 1:45 a.m. Wednesday.

RCMP say officers were responding to a call about an intruder at a home who possibly had a knife. Mounties say when they arrived, they were confronted by a man who would not comply with directions and an officer shot him. THE CANADIAN PRESS

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It'll be U2 plus one after filmmaker joins Bono

MUSIC

Vancouverite will sing on stage with front man

Thandi Fletcher
Metro | Vancouver

Friday will be a beautiful day for Patrick Stark.

That's when the Vancouver documentary filmmaker's dream of facing his biggest fear and singing on stage with U2 may finally come true.

"I'm nervous as hell," Stark told Metro. "Because now I have to actually face it. Before it was just this impossible thing that I might never have to do."

For six years, local film veteran Stark has chronicled his journey to confront his lifelong phobia of singing in public by performing a song on stage with U2 as part of his documentary film, One Life No Regrets.

He has interviewed music producers, musicians and intellectuals but until now had yet to have a face-to-face meeting with the legendary Irish rockers.

Filmmaker Patrick Stark CONTRIBUTED

That changed last Saturday when a friend, who was having dinner at Gastown's Chambar restaurant, posted a message on his Facebook wall.

It read: "Bono just walked into Chambar. You need to get down here."

The band, in Vancouver rehearsing ahead of their international tour that kicks off in the city on Thursday, had just sat down for dinner.

Stark rushed to the restaurant and sat by the bar. There, sitting in a round corner booth at the back of the restaurant, was Bono, The Edge and the rest of the band members.

Bono of U2 performs live on the pyramid stage during the Glastonbury Festival at Worthy Farm, Pilton, on June 24, 2011 in Glastonbury, England. IAN GAVAN/GETTY IMAGES

> **I'm nervous as hell, because now I have to actually face it. Before it was just this impossible thing that I might never have to do.**
> Patrick Stark

He apologized for interrupting their dinner before launching into pitching his documentary film, talking about how he was a guinea pig in his own experiment to face his biggest fear in life, that he had interviewed producers, including U2's former producers Daniel Lanois and Steve Lillywhite, all with a goal of showing that nothing is impossible.

Then he asked if he could sing a song on stage with the band when they take to the stage at Rogers Arena on Thursday and Friday.

Without skipping a beat, Bono replied: "Sure, why not? What are you doing Friday night?"

Stark responded that he already had tickets to U2's show, at which point the band's assistants whisked him away and took down his contact details.

While he anxiously waits for details on how Friday's concert will unfold (he doesn't even know what song he will be singing), Stark said he is hopeful his documentary will finally have the ending he had hoped for.

"Nothing in life is for sure," he said. "But Bono did say yes and he did say Friday night. So as far as I know, it's a go."

BACKSTAGE PASS

Cirque du soleil's Varekai coming to Vancouver

Graeme McRanor
For Metro | Vancouver

This just in: there's a small, little-known circus troupe from Quebec coming to perform in Vancouver next week. It's called Cirque du soleil.

You probably haven't heard of it. For good reason. It's not very impressive, I'm afraid.

I've suffered through many of this fledgling company's shows. Oh look, a gaggle of very attractive and super-athletic performers doing some gravity-defying acrobatics. Yawn. Then it's the superbendy twins from that unpronounceable Eastern European nation. Their hairless bodies are glistening under the bright spotlights. They have muscles in places I do not. In fact, everybody that steps foot on stage has muscles in places I do not. Even that clown with a strange sense of humour.

There's a contraption or three I've never seen before. And some really extraordinary stage design. The lighting is pretty impressive too, if that's the kind of thing you're into.

This looks impressive. CONTRIBUTED

Look, I could tell you that this upcoming show is called Varekai. And I could tell you that the word means "wherever" in the Romany language. I could also mention that it's set in a forest at the summit of a volcano and that the story follows a solitary man who falls from the sky and explores this magical place populated by fantastical creatures.

But what's the point? You're not paying attention. You stopped reading at "Cirque du soleil" and you're already trying to buy tickets off the company's website, except you keep getting distracted by the photo that's running with this article. Yeah, those are aerial straps with two sides of striation and a double-pack of abs. Looks pretty impressive, doesn't it? So just imagine two hours of stuff like that.

With, you know, some good music, incredible costumes and that magical forest filled with fantastical creatures. I mean, go if you must — just don't say I didn't warn you.

Varekai opens at the Pacific Coliseum on May 20 and runs until May 24.

POLITICS

Auditor fighting dismissal

British Columbia's former auditor general for local government, who was fired amid accusations she was obstructing a review of her office, is fighting her dismissal in court.

Basia Ruta says in a petition filed Wednesday in B.C. Supreme Court that the minister responsible for her termination never allowed her to respond to the allegations or informed her she was being fired for cause.

"I learned I had been terminated allegedly for cause by statements made by the minister to the media," says Ruta in an accompanying affidavit.

She wants the judge to declare her termination void, rule she still has the job and order payment of all outstanding salary and benefits.

Ruta was dismissed in March after she criticized the government for appointing Chris Trumpy, a former deputy minister, to review her work. She raised concerns he could be biased.

She said at the time the legislation governing her office maintained that any review must be done by a "qualified and truly independent person."

But her office was also under the microscope of the Opposition New Democrats who released a workplace review that outlined an inefficient and unhappy workplace. Since the office was created in April 2012, just two audits had been completed.

Minister of Community, Sport and Cultural Development Coralee Oakes said at the time that Ruta's "obstruction of an intended review of her office has created an intolerable situation."

Ruta says Oakes never told her she was obstructing a review, and she was called into a March 23 meeting and terminated.

Ruta says that under the act that created her position she is entitled to be given details about any alleged cause for dismissal and a chance to respond before she is removed.

Her petition names the province, the minister and the audit council, a five-member panel meant to ensure the auditor's effectiveness. THE CANADIAN PRESS

> **I learned I had been terminated ... by statements made by the minister to the media.**
> Basia Ruta

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IN BRIEF

Plebiscite voting at 40% as deadline nears

Elections BC has received and screened 616,519 ballots to date in the Metro Vancouver transit plebiscite, a turnout of 39.5 per cent. Voting continues until May 29.

Residents are voting on a proposed 0.5 per cent Congestion Improvement Tax to help fund a 10-year, $7.5 billion transit plan. MATT KIELTYKA/METRO

B.C. First Nation rejects $1.15 billion LNG deal

A natural gas benefit offer worth $1.15 billion has been rejected by a First Nation on B.C.'s northwest coast.

The Lax Kw'alaams band council said its members voted in three separate meetings. The offer from Pacific NorthWest LNG would have secured consent for a liquefied natural gas export terminal just south of Prince Rupert. THE CANADIAN PRESS

Raging northern B.C. wildfire keeps growing

A rapidly spreading wildfire in northern British Columbia has nearly doubled in size in a matter of days.

The blaze had grown to engulf an estimated 45 square kilometres of land near Norman Lake by Wednesday morning.

The fire has forced dozens of people from their homes since it was first discovered Saturday. THE CANADIAN PRESS

Former B.C. MLA John Slater dies at 63

A former Liberal MLA has died. John Slater, 63, was elected in 2009 as a Liberal in the riding of Boundary-Similkameen, but ended his career in provincial politics as an Independent after the Liberal party did not endorse his candidacy for the 2013 election. Premier Christy Clark said Slater dedicated 30 years of public service to his community. THE CANADIAN PRESS

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Federal Green Party leader Elizabeth May and Oak Bay/Gordon Head B.C. Green Party MLA candidate Andrew Weaver in Victoria in 2013. CHAD HIPOLITO/THE CANADIAN PRESS

Bill gives B.C. 'a way out'

PIPELINE APPROVALS

Green party member's bill proposes B.C. do assessments

The Green party member of the British Columbia legislature has designed a loophole in recall legislation that he says would allow residents to regain control over approval of oil pipelines.

Andrew Weaver introduced a private member's bill that would help the B.C. government pull out of a controversial agreement that gives all power over such environmental assessments to the federal government.

He said his plan would provide B.C.'s government the ammunition to take strong action against a federal government likely to be inflamed by the move.

"It's actually giving the government a way out," Weaver said on Wednesday.

"A process like this would allow the citizens of B.C. to demand that their government do it."

Weaver's proposal centres around regaining B.C.'s authority to conduct independent environmental assessments for projects like pipelines, mines and dams. THE CANADIAN PRESS

How I Bought & Sold $47,590,000 worth of U.S. Real Estate in 5 years

...and how you can too. My easy-to-use 12-Step U.S. Real Estate System to find the best deals in hot emerging markets financed by the banks that cashflow like crazy, and has been used by thousands of Canadians to buy $330,000,000 of U.S. Real Estate

My name is Steve Martel, and I've been investing in real estate for virtually a decade. But I wasn't always an investor. At the beginning of my career, I worked as a real estate agent selling 78 homes at 18 years old. I worked much too hard for every dollar I earned… ...and if you're anything like me, you know how twisted it feels in your gut when trading time for money, and you feel stuck whether your in a job or work for yourself.

You see, when I first started out in life, I made the same BIG MISTAKE 98% of people make in life -- I was working hours for dollars. I would work extremely hard, and get paid for the hours I put in. But if I decided to take some time off and disconnect from work, I would earn no income and be in a financial bind. The harder I worked, the more work I was creating for myself, but earned the same income. I was a slave to money. I'm sure you know what I'm talking about.

Steve Martel with one of his students Benoit Chretien who acquired 150 units using the 12-Step US Real Estate System.

I was so stressed with work – I suffered a heart attack at 23

Sounds great doesn't it. Work 35 years of your life so that one day, you will have the potential to enjoy it. Well, just when I thought I had it all figured it out, life took an aggressive and unimaginable turn for the worst. In November of 2007, I was taking a rare relaxing moment one evening with my pregnant wife watching a comedy movie, and there was a part that was so funny, that I laughed so hard, that one of my arteries "pinched" – I suffered a heart attack.

And in that fear-wrought moment, I knew, it was time to change. To make a change for my unborn son. For my wife. For my family. I wasn't going to let my health issues or any issues stop them from being provided for. So I searched for the top producing and lowest risk opportunity to create passive income for my family.

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ADMIT TWO

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HECKLING INCIDENT

Two soccer fans to be banned from facilities

Maple Leaf Sports and Entertainment (MLSE) said two fans from Sunday's Toronto FC game will be banned from MLSE facilities for no less than a year after a vulgar confrontation with a local reporter.

The two men being banned are Shawn Simoes — a Sunshine List employee being fired by Hydro One — and Ryan Hart, according to MLSE. This is an "indefinite suspension," the organization said.

MLSE is still looking for two goateed men who appeared in the footage with CityNews reporter Shauna Hunt, who both said the viral phrase "F–k her right in the p—y."

MLSE is reviewing its own security video of the verbal attack on Hunt.

The video "will be an element of their investigation," MLSE spokesman Dave Haggith said on Wednesday. "Our security is in the process of investigating."

TORSTAR NEWS SERVICE

VIRAL

The incident has gone viral and also brought comments from federal Justice Minister Peter MacKay, who praised Shauna Hunt for asking the abusive fans why they felt they had the right to be so offensive.

DART DIGS IN NEPAL Members of the Disaster Assistance Response Team (DART) clear a road in the village of Sankhu, Nepal, on Sunday. Lt.-Col. Ed Izatt, DART's commander, said the work is allowing the flow of aid and essential goods to areas affected by a devastating earthquake, which has claimed more than 8,000 lives. Canada has about 200 DART personnel in Nepal. DND/THE CANADIAN PRESS

Quigley to star on Game of Thrones

Jeremy Nolais
Metro | Calgary

He's trained and cared for just outside of Calgary, but soon Quigley will star as the big wolf in Westeros.

The four-legged lupine, one of 30 belonging to area resident Andrew Simpson, is featured in a few scenes of the wildly popular HBO show Game of Thrones.

Simpson has been training wolves and other animals for big-time Hollywood shoots for more than two decades. He's been involved in projects like the movie Elf, Borat and the Final Destination series but conceded being part of HBO's popular fantasy drama may be a credit that tops them all.

"The popularity of it, you mention Game of Thrones anywhere in the world and everybody knows it," he said.

Quigley stars in the show as Ghost, the direwolf belonging to fan-favourite underdog Jon Snow. He appeared briefly in the Game of Thrones' Season 5 premiere, but it's scenes in the soon-to-air seventh episode where he really struts his stuff, Simpson said.

"In the first one (episode), he was in a courtyard with Jon Snow," Simpson said. "In the seventh one, he was doing a lot of snarling and attack stuff."

Quigley, pictured, will star in an episode of Game of Thrones. CONTRIBUTED

Tories move to exempt Mounties from charges

LONG-GUN REGISTRY

Government says change fixes 'loophole'

The Harper government moved to retroactively rewrite Canada's access-to-information law in order to prevent possible criminal charges against the RCMP, The Canadian Press has learned.

An unheralded change buried in last week's 167-page omnibus budget bill exempted all records from the defunct long-gun registry, and also any "request, complaint, investigation, application, judicial review, appeal or other proceeding under the Access to Information Act or the Privacy Act" related to those old records.

The unprecedented, retroactive changes are even more odd because they are backdated to the day the Conservatives introduced legislation to kill the gun registry, not to when the bill received royal assent. The date effectively alters history to make an old government bill come into force months before it was actually passed by Parliament.

> **I find this provision almost Orwellian.**
> Fred Vallance-Jones, expert in access-to-information law

A source familiar with the complaint, speaking on condition of anonymity, said the government moved out of concern Information Commissioner Suzanne Legault is poised to recommend charges against the Mounties for withholding — and later destroying — gun registry documents while the legislation was still being debated.

Indeed, shortly after the story broke Wednesday, Legault's office announced it would be tabling a special report Thursday detailing an investigation into the long-gun registry and an access-to-information request.

The government feels no one should face a penalty for being overly eager to enforce the will of Parliament before the legislation had been voted into law.

A spokesman for Public Safety Minister Steven Blaney would only say the retroactive law will fix a "bureaucratic loophole" that allowed citizens to request heavily redacted copies of the gun-registry data while the legislation to destroy the data was before Parliament.

The retroactive changes in the budget bill leave access-to-information experts aghast.

"It seeks to rewrite history, to say that lawful access to records that existed before didn't actually exist after all and that if you exercised your quasi-constitutional right of access to those records, well, too bad, you're out of luck," said Fred Vallance-Jones, an associate professor at the University of King's College in Halifax and an expert in access-to-information law.

THE CANADIAN PRESS

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Rio4 SX with Navigation shown[‡]
hwy / city 100km[^]: 6.3L/8.8L

Forte SX shown[‡]
hwy / city 100km[^]: 6.1L/8.8L

Sportage SX Luxury shown[‡]
hwy / city 100km[^]: 8.3L/11.4L

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Offer includes a $900 Lease Credit.[**] Offer based on new 2015 Rio LX MT (RO541F) with a selling price of $15,652.[**]

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Offer based on new 2015 Forte LX+ AT (FO743F) with a selling price of $21,752.[¤]

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PLUS DON'T PAY FOR 90 DAYS[§]

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Offer based on new 2015 Sportage LX MT FWD (SP551F) with a selling price of $24,832.[¤]

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Another boat found at sea off Malaysia

REFUGEES

Denied citizenship, migrants are stateless

Another boat, this one crammed with 500 Rohingya Muslims and Bangladeshis, was found off Malaysia's coast Wednesday, an activist and an official said, as the international community called on Southeast Asian governments to open their borders and step up search-and-rescue efforts. Thousands of migrants are believed to be stranded at sea.

It was not immediately clear if those off-loaded near the city of Penang would be given refuge, said Zafar Ahmad, a Malaysian human-rights activist. Their vessel was discovered hours after a maritime official warned that new arrivals would be given food, water and then sent on their way, unless their boats were sinking.

The country has already accepted more than a thousand refugees since Sunday. Wednesday's boat would make it 1,500.

Indonesia, which has taken 600 such refugees, turned a boat away earlier this week. But a foreign-ministry spokesman denied Wednesday it had a "push back" policy, saying the vessel strayed into its waters by accident. Armanatha Nasir told reporters the migrants were looking for neighbouring Malaysia.

"We have to help refugees who need assistance and direct them to where they want to go," he said. "It goes against our principle to chase away refugee boats that enter our territory."

Southeast Asia, which for years tried to quietly ignore the plight of Myanmar's 1.3 million Rohingya, now finds itself caught in a spiraling humanitarian crisis that it helped create.

Denied citizenship by national law, the Muslims are effectively stateless. In the last three years, more than 100,000 members have boarded ships, fleeing persecution, according to the UN refugee agency. THE ASSOCIATED PRESS

PHILADELPHIA CANADIAN MAN AMONG SEVEN KILLED IN AMTRAK TRAIN CRASH In this aerial photo, emergency personnel work at the scene of a passenger train wreck in Philadelphia on Wednesday. The Amtrak train was hurtling at more than 160 km/h before it ran off the rails along a sharp curve where the speed limit is just 80 km/h, killing at least seven people, federal investigators said Wednesday. A Canadian man was among the dead. Abid Gilani, 55, was a married father of two and senior vice-president for Wells Fargo in New York City.
PATRICK SEMANSKY/THE ASSOCIATED PRESS

NEPAL EARTHQUAKE

Many still cut off in isolated villages

Many survivors of Nepal's most recent earthquake remain cut off by blocked roads in isolated villages, a UN official said Wednesday, after this Himalayan nation suffered through its second major quake in less than three weeks.

The magnitude-7.3 earthquake shook the impoverished country Tuesday, killing at least 79 people and injuring more than 2,300, just as it was beginning to rebuild from a devastating April 25 earthquake.

The most recent quake hit hardest in deeply rural parts of the Himalayan foothills, hammering many villages reached only by hiking trails and causing road-blocking landslides.

"Damaged houses were further damaged or destroyed. Houses and school buildings spared before were affected yesterday, roads were damaged," said Jamie McGoldrick, a top UN official in Nepal.

Among 14 quake-hit districts, some are barely accessible, and a large part of the affected population could not be reached easily because of damaged roads.

"Some are even difficult to reach by helicopter. We are facing monumental challenges here to support the government in these districts to have a credible response," McGoldrick said.

Chautara, a foothills town, became a hub for rescuers and humanitarian aid after the first earthquake. Officials there said at least three people had died and more than 60 were injured in the new quake.
THE ASSOCIATED PRESS

IN BRIEF

Gunmen kill dozens of Shiite Muslims; ISIL claims attack

Gunmen stormed a bus carrying Shiite Muslims in southern Pakistan and ordered them to bow their heads before being shot, killing at least 45 people Wednesday in the latest attack targeting the religious minority.

Who carried out the attack in the port city of Karachi wasn't immediately clear, as a Pakistani Taliban splinter group and an ISIL affiliate both claimed it. However, some Taliban fighters have pledged their allegiance in recent months to the extremist group that now holds a third of Iraq and Syria in its self-declared caliphate. THE ASSOCIATED PRESS

CALIFORNIA DROUGHT NURTURE YIELDS TO NATURE ON GOLF COURSES Epic drought is reshaping the golf course at California's El Niguel Country Club, above, and dozens of others statewide. Pressed by a fourth year of bone-dry weather and the threat of state-mandated water cuts, some of the finest courses are ceding back to nature some of their manicured green, tearing out the grass where it won't affect the game, installing smart watering systems and letting the turf they don't rip up turn just a little bit brown. GREGORY BULL/THE ASSOCIATED PRESS

Canada's ad men reflect on lost era

ADVERTISING

Chauvinism, liquid lunches of 1960s Mad Men time gone

As the critically lauded cable series Mad Men approaches its finale on Sunday, Canada's own ad men and women say the world of Don Draper and Peggy Olson is gone for good.

Social change has done away with the liquid lunches and casual chauvinism the show depicts as cornerstones of the 1960s advertising industry, and advertising instructor Michael Rosen says the industry itself has shifted in subtle ways.

Don Draper, the show's central character, is at his best in the pitch meetings, deftly selling his ad agency's services to executives from Kodak, Hilton and Lucky Strike. Rosen, who teaches advertising at Toronto's Humber College, said Draper's skills at building relationships with clients will never go out of style. But he adds that the advertising industry has moved from an emphasis on keeping clients happy to the creative side of the business.

The switch from sales to creative is even evident in office fashions, Rosen said, as the natty suits and expensive watches of Draper and his associates have been replaced by casual wear and tattoos.

Tyler Turnbull, CEO of the Toronto office of FCB, one of the largest advertising agencies in the world. said agencies have become more collaborative since the Mad Men era.

Gillian Graham, CEO of the non-profit Institute of Communication Agencies, says the industry still relies on the personal magnetism that Draper exemplifies. "It's a relationship business, always has been and always will be," she said.

THE CANADIAN PRESS

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Balsamic-Soy Angus Steak

Preparation time: 10 minutes. Marinade: 3 hours. Cooking time: 20 minutes. Makes 6 servings.

Ingredients:

- *3 tbsp balsamic vinegar*
- *3 tbsp honey*
- *3 tbsp soy sauce*
- *3 tbsp vegetable oil*
- *1 green onion, finely chopped*
- *½ tsp black pepper*
- *6 Angus strip loin steaks*

Directions:

1. Whisk balsamic vinegar, honey, soy sauce, vegetable oil, green onion and black pepper together in a large bowl. Add steaks or place steaks and marinade in resealable bags. Rub marinade onto meat. Cover or seal. Let steaks marinate for at least 3 hours or up to 1 day. Bring meat to room temperature before barbecuing. This will take about an hour.
2. Oil grill and preheat barbecue to medium-high. When preheated, remove steaks from marinade and shake off any excess. Place steaks on grill. Barbecue according to package directions or until desired doneness.
3. Transfer steaks to a platter and cover loosely. Let stand for 10 to 15 minutes to allow juices to redistribute. Serve immediately.

Originally published in Walmart LiveBetter, Summer 2013.

Lemon and Garlic Grilled Chicken

Preparation time: 10 minutes.Total time: 1 hour. Makes 6 servings.

Ingredients:

- *8 skin-on, bone-in chicken pieces*
- *½ cup lemon juice*
- *3 tbsp olive oil*
- *1 tbsp garlic powder*
- *1 tbsp dried oregano leaves*
- *1½ tsp dried basil*
- *½ tsp salt*
- *½ tsp black pepper*

Directions:

1. Trim excess fat from chicken skin (this will prevent flare-ups on the grill). Make several shallow cuts in the chicken to allow marinade to infuse.
2. Whisk lemon juice with oil, garlic powder, herbs and salt in large bowl. Season with pepper.
3. Add chicken and turn to coat. Marinate at room temperature for 20 minutes or refrigerated for up to 4 hours.
4. Preheat barbecue to medium-low. Oil grill.
5. Remove chicken from marinade (do not discard marinade). Barbecue with lid closed, 15 minutes, then baste chicken with remaining marinade.
6. Flip chicken and continue grilling, with lid closed, until chicken feels springy when pressed, 15 to 20 more minutes.

Originally published in Walmart LiveBetter, June 2014.

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metro VIEWS
Your essential daily news
Thursday, May 14, 2015

Péladeau could lose, if pigs fly

POLITICS
Chantal Hébert

If media tycoon Pierre Karl Péladeau does not win the leadership of the Parti Québécois hands down, pigs will fly in Canada's political sky for the second time in the space of a month.

To anyone familiar with the PQ leadership campaign, anything short of a first-ballot victory for PKP against his remaining two rivals Friday would come as a surprise, second only to the NDP outcome of last week's Alberta election.

PKP has been cast as the prohibitive front-runner in the race to replace Pauline Marois since the defeated premier resigned on election night 13 months ago. In fact, he was tagged as her successor-in-waiting as of the moment that he ran in the provincial riding of Saint-Jérôme in last year's election.

Former PQ minister Jean-François Lisée was so convinced that Péladeau was unbeatable that he decided not to run. His ex-cabinet colleague Bernard Drainville — the recent champion of the PQ's controversial secularism charter — quit the campaign last month rather than face the humiliation of a distant finish.

Even before Drainville threw his support to Péladeau, there was little suspense about the likely outcome of this contest.

For a good many party members, PKP walks on water. For many of the aging baby boomers who currently make up the age group most likely to support the PQ, he is a corporate-savvy champion that may yet lead Quebec to sovereignty in their lifetimes.

In other circumstances, a recent spate of media stories portraying the front-runner as a man with a remarkably short fuse and a tendency to intemperate outbursts might have given pause to his supporters.

But so strong (or so blind?) is the hope that PKP believers have invested in his capacity to restore the momentum of their dormant cause that many put the negative coverage down to the fear that he supposedly inspires in federalist quarters.

Questions as to the propriety of a party leader owning Quebec's largest French-language media empire have similarly been dismissed as partisan cheap shots rather than omens of potential conflicts of interest to come.

And yet there has been little in Péladeau's leadership campaign to give Quebec's federalists cause to quake in their boots or, for that matter, to justify the faith that he inspires in his followers.

The best that can be said about his performance on the leadership hustings is that it improved along the way. By almost any standards, that still leaves him well short of the skill sets of his most formidable predecessors.

PKP boasts less political experience than any of the party's previous seven leaders. He has nowhere near the eloquence of René Lévesque and Lucien Bouchard or the understanding of public policy of Jacques Parizeau and Bernard Landry.

Public opinion polls have suggested that he could have beaten the ruling Liberals in an election this spring.

But the next campaign is more than three years away, and the PQ's score in recent byelections was not that of a party surfing on the popularity of an incoming star leader.

It earned a measly eight per cent of the vote in the francophone riding of Lévis last fall. Earlier this year, the party kept its long-held seat of Richelieu with a smaller share of the vote than its score in last year's general election.

Support for sovereignty remains tepid, and Péladeau has studiously avoided committing himself to holding a referendum in the first mandate of a PQ government.

The party tent has shrunk dramatically since the last time it had a leadership campaign a decade ago. Back then, it had 140,000 members. Less than half of that number signed up for this month's leadership vote.

There has been little in PKP's campaign to give federalists cause to quake in their boots or to justify the faith he inspires in his followers.

Over the past four months, the candidates have debated in front of audiences that were typically awash with grey heads.

On that score, the last debate of the campaign last Thursday in Montreal was no exception.

In contrast, there were plenty of younger Quebecers in attendance for a thousand-strong pre-election rally starring NDP Leader Thomas Mulcair the next night.

The sight of a federal NPD leader drawing a bigger francophone crowd in Montreal than the latest saviour of the once-mighty Parti Québécois is as close as one will probably come to watching pigs fly in Quebec this spring.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD

metroview

"If we're paralyzed by our sense of doom, we're the problem."

You can't write off Chris Hedges.

He delivers such dire news in his new book, it'll likely depress you, and then you'll feel guilty for doing nothing about it. Then you might want to brand him an extremist, so you won't have to take him seriously. But that won't assuage your guilt.

In Wages of Rebellion, The Moral Imperative of Revolt, the Pulitzer Prize-winning journalist chronicles the people who can't keep quiet.

They are lawyers, preachers, anarchists, civil-rights activists — people fighting for change, sometimes without hope that change will come. Think Nelson Mandela, Edward Snowden and anti-fracking Alberta preacher Wiebo Ludwig.

"It's about facing systemic injustice" without asking if you'll succeed, Hedges told me. "It's about the obstinacy of faith."

These rebels are rare, and their politics vary widely.

"Eccentric and strange, half-brilliant, half-insane," he said. You might not want them running your country, "but they're absolutely necessary for seismic change."

It's hard to disagree we need change: climate change and corporate greed destroy the environment, democratic elections often fail to bring change, government surveillance diminishes liberty, a frightening inequality of wealth exploits the poor.

Hedges argues the rich and powerful — the sole beneficiaries of all this — are the enemies. If the rest of us are paralyzed by an overwhelming sense of doom, we're part of the problem.

"The gap between who we are and who we think we are is steadily expanding," Hedges writes.

I have to agree. We think we're good until we think of injustices we're doing nothing to end.

It's also easier to accept rebels when they're somewhere else. We cheer protests in the Middle East, but despise Occupy protesters, who forced us to look at ills in our society we'd rather not dwell on.

I am not innocent. I am no revolutionary. But I won't condemn people as "crazy" when they shred the facade. And I won't dismiss Hedges for issuing, in this book, his call to arms for all of us to demand something better.

"My job is to speak the truth," Hedges said. "Not looking, or pretending that things aren't as bad as they are, or that everything will get better, is suicide."

The worst part of his book is the way it doggedly, repeatedly asks: what kind of person, really, are you?

That is, Hedges said, the defining question. It's not what you did in life, it's "what you stood for."

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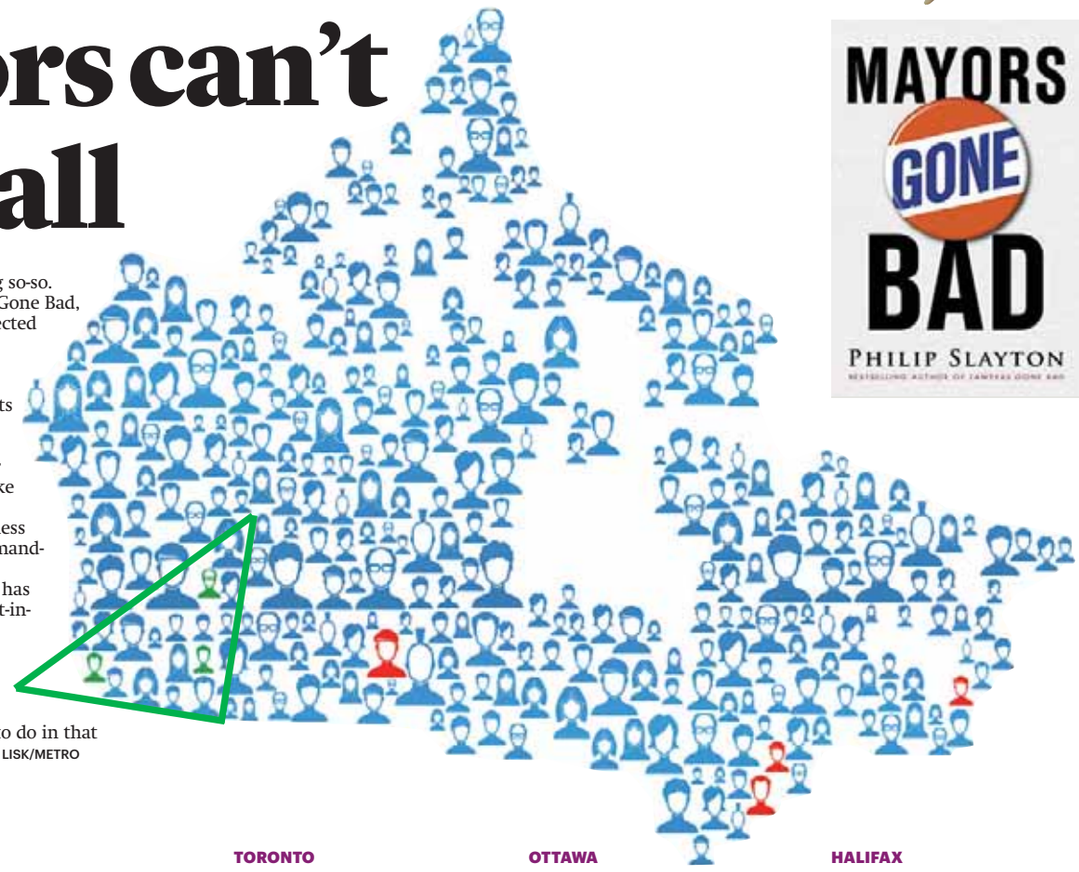
PHILOSOPHER CAT
by Jason Logan

Even mayors can't fight city hall



What does it take to be a good mayor? It may be as simple as being so-so.

"Mediocracy is the word," says Philip Slayton, author of Mayors Gone Bad, a profile of some of the most run-amok mayors Canadians have elected into office in recent years.

"Even if you are not yourself a mediocre person, you will have mediocracy thrust upon you if you become mayor. And, it will be thrust upon you because of the constitutional, economic constraints you can't escape."

More than a collection of stories about the personalities who have made a mark — usually for the worse — the book is a call for constitutional reform to give mayors and cities more power to make decisions for themselves.

When Canada's constitution was put in place, "Cities were way less important than they are now, and far less complex and far less demanding," says Slayton, whose book comes out Tuesday.

Slayton says the issue is not restricted to Canada. New York City has a bigger budget than a lot of countries, but the mayor has to go hat-in-hand to the governor of the state to get funding.

"You don't need to know a whole lot about municipal politics to realize that a mayor has very little power," he says. "That, I think, is partially the explanation why a lot of deadbeats end up in the job. Because, serious people, who understand what it is all about, will take a look and say, 'this is not for me. I can't do what I want to do in that position, I can't benefit the community in a substantial way.'" DEAN LISK/METRO

SLAYTON'S OPINIONS ON...

THE WEST
Nenshi, Iveson and Robertson

While a newspaper writer mentioned a "western triangle of mayoral goodness," referring to Naheed Nenshi of Calgary, Don Iveson of Edmonton and Gregor Robertson of Vancouver, Slayton writes in his book they all exemplify the impotence of the office.

"They are smart, confident, able people, but my point is despite that, they don't seem in my view to be accomplishing a lot at all — and that is because they are unable to, given the constraints put on their office.

WINNIPEG
Sam Katz

Slayton says the mayor, a successful businessman who served from 2004 to 2014, was dogged by conflict of interest allegations (he hosted a roughly $3,000 Christmas lunch for councillors, some municipal employees and their families at a bistro he also owned). "Not a disaster, but someone who could have been a lot more effective and a little more sensitive to the issue of government."

TORONTO
Rob Ford

"I find Rob Ford a lot more complicated than some people do," admits Slayton. "I think the secret to Rob Ford was that he somehow got the little guy, and was appealing to the little guy, and related to him in a way that even people who weren't 'a little guy' found appealing," says Slayton of the Toronto mayor from 2010 to 2014, who has admitted to smoking crack.

OTTAWA
Larry O'Brien

"I think his big problem was that he was a very successful businessman, he made a lot of money in business, but he knew next to nothing about municipal government," says Slayton about the mayor who served from 2006 to 2010 and was acquitted of criminal charges months after being elected. "He just decided it would be a nice thing to be mayor of Ottawa."

HALIFAX
Peter Kelly

"He was a very inadequate mayor," say Slayton about Kelly, who served from 2000 to 2012 and got mixed up in the bungled execution of a will that blighted his political career. "Someone with poor judgment, somebody who had tendencies towards grandiosity as he went along; someone who seemed out of touch with reality."

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An ode to the reign of Elvis

NEW RELEASE

Richard Crouse's book on Costello full of fun facts

Liz Brown
Metro | Life

The 1970s in Britain was a decade of unemployment, labour unrest and massive inflation. In short, a breeding ground for pissed off youth with no money, no hope and a hell of a lot of time on their hands.

The decade of discontent spilled into the music world as big, bombastic rock bands grew physically distant from their fans as they played larger and larger arena shows. People began for searching something that spoke to their anger and frustration.

Enter snarly, stripped down sounds played by guys named Rat Scabies and Johnny Rotten and women like Poly Styrene.

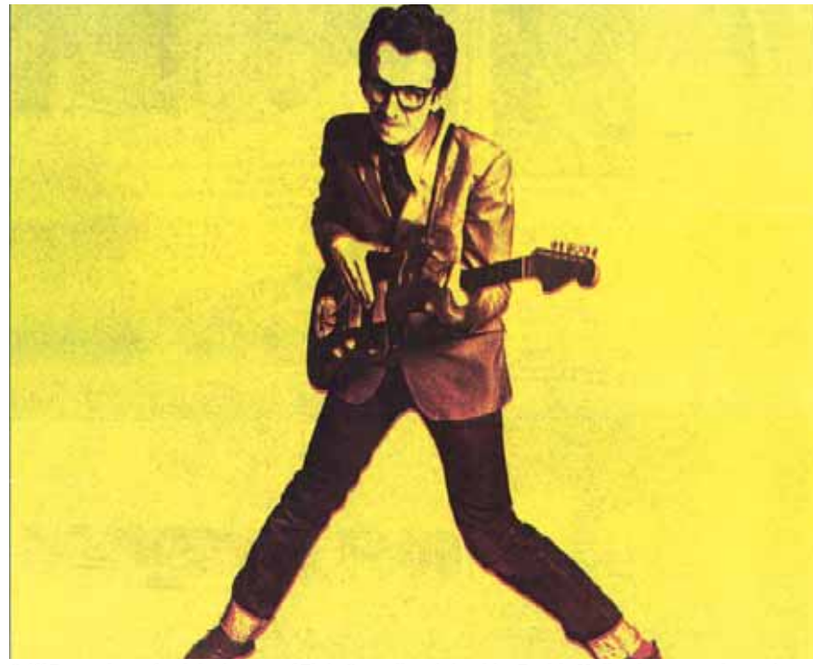
It was in this world that Declan McManus toiled in pub rock bands around London. He was a suburban dad who dreamed of getting his break in the music biz as he slaved at his day job as a computer operator at Elizabeth Arden.

That break came by way of the freshly minted Stiff Records, a label that defied labelling. Stiff founders Jake Riviera and Dave Robinson saw in McManus a talented musician and songwriter, but a guy in need of a makeover. They gave him Buddy Holly glasses with the instructions "don't f—ing take them off." They dressed him in a narrow lapelled suit jacket and rolled stovepipe jeans. And they christened him with a new name because, according to McManus himself, the moniker Declan evoked images of "a guy in a cable-knit sweater singing whaling songs." The year was 1977 and Elvis Costello was born.

In his new book, titled Elvis is King: Costello's My Aim is True, film critic, Metro columnist and Costello super fan Richard Crouse details the making of the musician and his debut album. The book is a snapshot of a turbulent time in Britain's music history. Through the book, Crouse examines Costello's stylistic songwriting but, like most fans, is reticent to pigeonhole the singer-songwriter into one musical category. Instead, he analyzes the individual tracks and links them to the time and Costello's own life.

"I can honestly say that probably a week hasn't gone by since I first heard that record that I haven't listened to at least part of it," says Crouse in a recent interview. "Welcome to the Working Week is a song that gets played in the house at least once a day."

Crouse was a 14-year-old in Liverpool, N.S. when his brother brought him My Aim is True.



Stiff Records crafted the image of Elvis Costello, giving him Buddy Holly glasses and warning him 'don't f—ing take them off.' CONTRIBUTED

"When I listen to this album, I'm immediately transported back to a very specific time in my life. My mom was ill for the entire time I was growing up and she died when I was 15 years old. I was this kid who was at home watching this woman who I adored get sicker and sicker and there wasn't going to be a magic cure that came along and it pissed me off. And this record was the sound of my anger in a lot of ways," he says.

In the book, Crouse writes of the album, "'joy is fleeting' seems to be Costello's overarching message here."

Indeed, Costello taps a universal truth: Life is hard and unfair, but you have to keep rockin' on.

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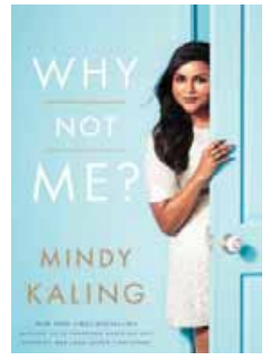
HOLLYWOOD

Mindy Kaling is an open book, again

Just because her show isn't being renewed doesn't mean you'll be seeing any less of Mindy Kaling. GETTY IMAGES

Fans may be mourning the inevitable end of The Mindy Project, but just because the show isn't being renewed doesn't mean you'll be seeing any less of Mindy Kaling. The actress/producer isn't one to sit still long and one of the projects she has in the works is the release of her second book, Why Not Me? While it's not coming out until Sept. 9, here's what we know already:

1. It will have more hilarious stories straight from Kaling's personal life. The success of Kaling's first book, Is Everyone Hanging Out Without Me? was largely due to her witty storytelling, and her second book will have more of those laugh-out loud moments. According to the book's description, Kaling will be sharing stories about friendship, romance and attempting to feel body confident while playing the fame game.



2. It might make you cry. While we can always count on Kaling for a good laugh, expect her to get deep this time around. Since publishing her first book, her mother passed away and Kaling is also now a godmother, a role she doesn't take lightly. No one's life is just about the punchlines, including Kaling's.

3. It will inspire you to take more risks. Kaling says the book's title, Why Not Me? is her personal motto and has been the driving force behind many of her career choices.

The book will show how she used it to accomplish things other people didn't think she could do and in turn, you'll be inspired to prove the haters in your own life wrong.

EMILY LAURENCE/METRO NEW YORK

SCARJO'S GOLDEN CURVES; MAD MAX INCURS MISOGYNISTIC FURY

Mathematically, Scarlett's perfect

As far as ideals of perfect physical beauty, one from all the way back in Ancient Greece seems pretty tough to argue with, yeah? That's at least what lingerie brand Bluebella seemed to be thinking when they checked to see how a bevy of female celebrities stacked up against the "Golden Ratio" of curves (1.618 for all you math nerds out there).

According to this very scientific study, Scarlett Johansson is as "close to physical perfection" as any living celebrity thanks to her ratio of 1.560. Kim Kardashian came in second, while Helen Mirren nabbed third.

MRAs calling for Mad Max boycott

It looks like word of the secret girl-power bent in Mad Max: Fury Road has reached those lovable, reasonable folks in the Men's Rights Activists movement. One blog, Return of Kings, is calling for a full-on boycott of the souped-up action movie.

"Men in America and around the world are going to be duped by explosions, fire tornadoes and desert raiders into seeing what is guaranteed to be nothing more than feminist propaganda," Aaron Clarey writes.

"Hollywood is a garbage propaganda machine which spews out this feminist drivel filth into the minds of today's young audience. Even though science has told us and proven, that men are physically stronger than women, it is nonetheless discarded by the forces driving this feminist nonsense."

Honestly, isn't this, like, the best endorsement a film can receive?

NED EHRBAR/METRO IN HOLLYWOOD

Putting the biz in showbiz

Business ownership is the latest must-have among women on the A-List. Here are some celebs that are cashing in on their stardom. THE ASSOCIATED PRESS

Halle Berry Scandale Paris

The Oscar winner's line of $7 panties and $18 bras went on sale at Target stores last year. Berry wants to expand the brand into swimsuits and nightgowns, but first, Scandale Paris lingerie will be sold in more international stores later this year.

Nicki Minaj Myx Fusions

The Anaconda rapper co-owns bubbly moscato maker Myx Fusions with Mona Scott-Young, the producer of VH1's Love & Hip Hop. Myx Fusions Moscato comes in single-serve bottles and in three flavours: mango, coconut and peach. Up next for Myx Fusions: A line of fizzy sangrias.

The Jessica Simpson Collection

The singer, actress and reality TV star started her brand a decade ago. Its clothing, shoes and accessories are now sold in several departments including Macy's, Nordstrom and Dillard's. Her mother, Tina Simpson, is the company's creative director.

Reese Witherspoon Draper James

The star of Wild, Walk the Line and Legally Blonde fame started online shopping website Draper James last week. The company sells Southern-inspired fashions and home goods, including $125 shorts, a $155 tote bag and $175 sunglasses.

PHOTOS: GETTY IMAGES, THE ASSOCIATED PRESS

ENTREPRENEURSHIP

More celeb women using star power to start businesses

These days, one of the most-coveted roles among A-list actresses is business owner.

Oscar winner Halle Berry is one of the latest female celebrities to start a business. She launched Scandale Paris last year, a line of lingerie sold at Target stores.

For decades, famous faces have been hired by big corporations to sell hair dye, lipstick and high-end fashion. But now, more female celebrities are taking control and starting their own businesses. It's also helping some balance career and motherhood.

"Having a business like this, I can do more work at home, be with my family," said Berry, who is co-owner and creative director of Scandale Paris. "I have two little kids now. I can't travel around the world and do a movie like I used to."

Walmart shoppers can pick up lip gloss, mascara and perfume made by Flower, a makeup brand co-owned by actress Drew Barrymore. Fitness fanatics can buy a pair of yoga tights from Fabletics, an online seller of workout gear co-founded by actress Kate Hudson.

"It's way more lucrative than making one movie a year," said Jo Piazza, author of Celebrity, Inc.: How Famous People Make Money.

Berry stumbled upon Scandale Paris during a trip to France. Founded more than 80 years ago, the brand was struggling because the undergarments were too expensive, Berry said. She called her business partner, Erik Ryd, and they bought the company. In October, Scandale's $7 panties and $18 bras began selling at Target. In France, they're sold at Carrefour.

Berry is involved with the design of the lingerie and chooses fabrics, even as she films the second season of CBS show Extant. In the next few months, Scandale Paris will be sold in Canada, Asia and more European countries.

Male stars have always had their hand in business ownership, said Piazza, but more women are getting into the game. Owning a business gives stars the potential to make more money over a longer period of time than with short-term endorsement deals. And they have a better chance of succeeding than an average small business owner, since stars come with built-in customers: Their fans.

THE ASSOCIATED PRESS

Barrymore was approached to start Flower by makeup company Maesa after the actress and producer's five-year endorsement deal with cosmetics company CoverGirl ended. VICTORIA WILL/INVISION/THE ASSOCIATED PRESS FILE

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What they're a$king

OUR CITY

Two-bedroom resale condos offer the complete urban living experience with a tad more space for couples with tiny tots or someone who is downsizing from a house. Older condo buildings also tend to offer larger floor plans. **Duncan McAllister** FOR METRO

$449,000

Vancouver

This 898-sq.-ft. suite at 550 E. 7th Ave. is steps away from Main Street in Mount Pleasant, a trendy area of Vancouver. Listed at $449,000, it sold at press time for $444,900. Spacious and bright, this move-in ready suite includes a recently updated kitchen with stainless-steel appliances and glass tile back splash, as well as a stylish new bathroom, high quality laminate flooring and skylights. The living room has a cosy woodburning fireplace with views of the city and North Shore mountains. Listing agent Cathy Graham is with Royal LePage Sussex, 604-984-9711.

$274,900

Winnipeg

This bright and open-concept suite is in the Bridgewater Forest community. It has an oversized balcony and a kitchen with white quartz countertops and dark espresso cabinets, stainless-steel appliances, central air conditioning and ensuite laundry. Shops, golfing, and public transportation are nearby. Listing agent Chris Kenny is a sales representative with Re/Max Professionals, 204-899-4858.

$500,000

Edmonton

A stunning oasis in the sky is how this unit is described. The highrise downtown condo has both east and south-facing balconies offering panoramic views. It's within walking distance from the downtown core. The large master bedroom features a walk-in closet and ensuite. A private den off of the kitchen makes for a great office. Sheldon Johnston is a sales representative with Liv Real Estate, 780-441-5576.

$339,900

Calgary

In a unique setting in Crescent Heights, this two-bedroom condo comes with two underground parking stalls, new flooring, an open living area, wood-burning fireplace, lots of storage space, and good counter space in the kitchen. The ensuite storage room is large and home to a full-sized stacking washer and dryer. Susan Harrigan is a sales representative for Homelife Cityscape Real Estate, 403-669-9112.

$458,900

Toronto

In a superb downtown location, this boutique condo has two bedrooms and two bathrooms, with nearly 800 sq. ft. of living space. Amenities include community barbecues, a meeting room, a fitness centre and gym, and an outdoor pool. There are also guest suites, a games and party room, and 24-hour concierge service. Listing agent Alex J. Wilson is with Re/Max Condos Plus, 416-996-5181.

$654,900

Ottawa

A unique suite resides in the midrise and award-winning Heritage School House Lofts in Hintonburg. A blend of classical and modern architecture, this hard loft has exposed brick and timber throughout the building. With more than 1,500 sq. ft. on two levels, it's also a great entertaining space. Listing agent Kerry Millican is a sales representative with Royal LePage Team Realty, 613-290-2990.

$284,900

Halifax

This bright, two-bedroom suite is minutes away from Bayers Lake business park and the downtown area. The open-concept layout boasts a large wraparound balcony and nine-foot ceilings. There's a spacious master bedroom with a walk-in closet. Amenities include a fitness centre with two saunas and a hot tub. Listing agent is Thomas Bagogloo from the Bagogloo Team, RE/MAX nova, 902-830-9006.

Ask a designer: chic relaxed style

HOW TO

Meaningful bits and pieces help create laid-back look

It's a difficult compromise: Many of us want our homes to look as stylish and carefully designed as the ones we see in decorating magazines. But we also want them to be comfortable and easy to enjoy.

"A relaxed lifestyle is something people want more and more, and their homes are reflecting that," says New York City-based designer Young Huh. "The old rules of formal living, and therefore decorating, are disappearing."

Designer Kate Jackson, based in Rhode Island, receives that message from her clients.

"I am typically asked to create a space that can be used more by family and friends," she says, and to "lose whatever formality lives there."

Interior designers reveal how to do just that and achieve that perfect middle ground — gorgeous, relaxed style:

Go soft

Choose "seating that is comfortable enough to spend the entire day lounging," Huh says, with plenty of pillows, throws and ottomans.

Use slipcovers rather than structured upholstery, and opt for durable, touchable fabrics, such as washable cotton, stonewashed linen or soft burlap.

For even more softness, layer smaller rugs on top of a larger one.

To add a burst of style, Los Angeles-based interior designer Brian Patrick Flynn suggests choosing bold, graphic stripes rather than solid-colour fabrics.

"Relaxed interiors don't always involve soft, muted colours and neutrals. They can be packed with colour and still be laid back and casual," says Flynn.

"I'm a huge fan of an all-white backdrop with tons of saturated colour introduced with old objects like canvas flags, old maps, and even torn and tattered handmade rugs," he says. "When the bold colour is introduced with texture and character, it adds a collected feel, almost like a sense of history."

> **The old rules of formal living and therefore decorating are disappearing**
> Designer Young Huh

Personal pieces

Relaxed rooms include items that have personal meaning, such as heirlooms that might be worn or tattered by time.

"Homeowners love when I incorporate special pieces that they already own into their new design," Jackson says. "Whether it's a familiar wooden box placed in the bookcase or a framed black and white photo from eras past, items of sentimental value that mingle with more modern and fresh accessories easily make a room feel special. A well-curated collection of books adds wonders and layers of personality to a room, too."

Soft neutral tones and light and casual furniture create a relaxing spot to unwind. HGTV.COM/BRIAN PATRICK FLYNN VIA AP

Vintage items are "like buying that perfectly comfortable worn pair of jeans without having to break them in for years," Huh says."Imperfect, worn things in a room make you feel that you can touch everything and can withstand the wear and tear of a life that's being fully lived."

With personal mementoes and hand-me-downs, consider scale — not too many huge items or too many small ones — and combine colours or styles that work well together.

Functionality factor

Think about how you'll be using a space, and then choose furniture that will work for you. If you'll be watching movies, consider a sectional sofa where everyone can camp out together. If you'll entertain often, consider swivel chairs that make conversation easier.

It's all about your convenience: Locate side tables where you'll put down drinks. And if you'll be reading, place lighting exactly where you'll need it.

You might even want to rethink a room's purpose: "I've had clients ask me to repurpose their formal dining rooms to create a relaxed space that can be used on a daily basis," Jackson says.

THE ASSOCIATED PRESS

Neutral sand tones balance bold blues and vibrant pinks in a cool and coastal bedroom. SARAH DORIO/BRIAN PATRICK FLYNN VIA AP

Eclectic, vintage pieces make a space feel unique and collected. RUSTIC WHITE PHOTOGRAPHY/BRIAN PATRICK FLYNN VIA AP

Petite Friture reissues top seller

The Vertigo lamp by Petite Friture. PETITE FRITURE

The French home furnishings brand Petite Friture is celebrating its fifth anniversary by re-issuing one of its best-selling products: the Vertigo pendant lamp.

Launched five years ago, the light fixture helped Petite Friture establish its reputation both in France and abroad.

In January 2010, Petite Friture introduced its very first collection, including the particularly successful Vertigo pendant lamp.

The brand has even described clients' reactions to the design as "love at first sight."

Several retailers were won over by the ethereal design, which is made of polyurethane, fibreglass and metal wire.

Created by French designer Constance Guisset, the Vertigo went on display at the Salone del MobFile in Milan shortly after its debut and soon earned a spot in the Italian city's prestigious Rossana Orlandi design gallery.

Now, five years later, the pendant lamp is about to be reissued in two new colours: light blue and light pink.

Both versions are available with small (140 centimetre dimeter) or large (200 centimetre dimeter) bases in white.

Set to go on sale worldwide from June 1, these new versions of the Vertigo lamp will be available in the meantime at select retail outlets in France, Belgium and Sweden.

Petite Friture furnishings are sold by more than 300 retailers worldwide.

AFP

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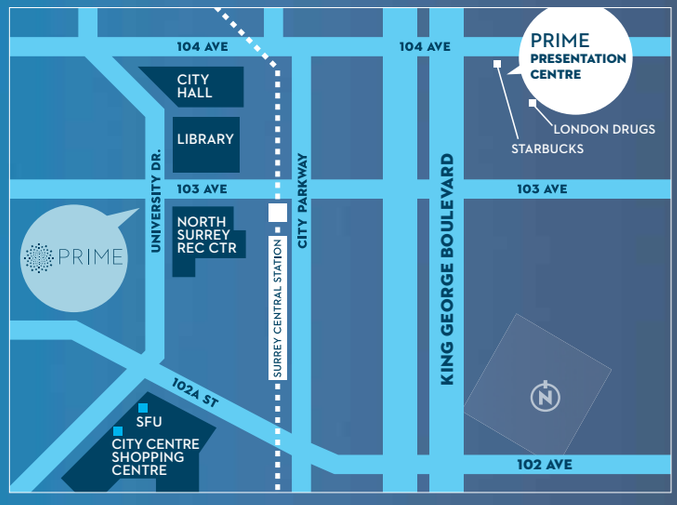

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Mini dwellings slice into Big Apple

HOUSING

Smallest units accommodate N.Y.'s varied population

New York, a city of exorbitant rents with more and more single residents, is about to get a brand new type of apartment: micro-units, for decades prohibited under zoning regulations.

A first building of 55 prefabricated studios spanning nine storeys is due to welcome its first tenants in Manhattan in the fall.

Between 260 and 370 sq. ft., they come equipped with kitchenettes, shower rooms, storage, large windows, 9-foot-6 ceilings and a Juliet balcony.

In New York, 31 per cent of the population lives alone, both young and older people, according to the statistics office.

"We don't have the stereotypical nuclear family as we used to with two parents and two children," said Tobias Oriwol, project developer at Monadnock Development, which is building the pilot.

"People are marrying later, people are divorcing, people are living longer, deciding to cohabitate," he said.

"But the housing industry keeps delivering two bedroom apartments, one bedroom apartments, three bedroom apartments, and these don't fit the needs of these new households in the city," Oriwol added.

At the Brooklyn Navy Yard, dozens of workers are building the micro-units, which will be transported by truck to the building site, which is owned by the city, at 27th Street in east Manhattan.

They will be assembled in two weeks in June. Then the roof will be put on, the brick facades added and the finishing touches added to the exterior and the layout before the first tenants arrive.

Inside each unit, everything has been meticulously thought out: In the kitchen there is a mini dishwasher, mini fridge, two hobs and a microwave, but no traditional oven.

Workers paint the interior of a modular apartment unit in Brooklyn, N.Y. AFP PHOTO/ JEWEL SAMAD

Common areas

"We did a lot of research on what people wanted. We had to make choices," said Oriwol. "Our apartments are 100 per cent usable, and meant to be lived in by today's people."

The tenants, who are expected to be of all ages and backgrounds, can rent additional storage space, and have access to a large communal kitchen, a TV room, a laundry, a bike shed and a gym.

"You may not need to host 15 people in your very own apartment, but you have the ability to do so in the rest of building," Oriwol explained.

Of the studios, 22 will be classified as affordable housing while the other 33 will be offered at market price.

Studios in the neighbourhood cost around $3,200 but "because these are smaller, it makes sense they will be cheaper," said Oriwol.

In New York, regulations designed to help families have prohibited the construction of housing units smaller than 398 sq. ft. in much of the city since 1987.

Under this pilot program, then-mayor Michael Bloomberg waived the zoning regulations for the site to test the market for this new housing model.

If the project is deemed a success, many hope the regulation can be lifted altogether.

The regulation does not correspond to the needs of people today, says Sarah Watson, deputy director of the Citizens Housing Planning Council, a non-profit research organization devoted to housing problems in New York.

Supply versus demand

"Actually only 18 per cent of the households in New York City are nuclear family with all children under 25," she said.

"A third of all of the households are a single person living alone, and on the other side, about a quarter is people sharing in some way, to fit themselves into the city," she said.

Current legislation also prohibits the cohabitation of more than three people who are not related. Watson says there is a "big mismatch" between need and supply that often inflates rent.

"There are so many single people and such a small amount of well-designed studios for them that actually the price of studios are inflated," she said.

"If you artificially add five single people to share a unit then the landlord can get an lot more money for that unit."

If supply better matched demand, prices could also come down, she said. AFP

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PLATINUM PROJECT MARKETING

CONTRIBUTED

EAT, DRINK AND BE MARROW

Malt and Marrow is excited to be Yaletowns' newest and trendiest European-inspired gastrolounge at 1269 Hamilton St.

The owners and staff pride themselves on offering guests three very good things — good drinks, good food, and good company.

Why would you dine at Malt and Marrow?

For those who have already experienced the ambience, it's simple:

Malt equals a local selection of rotating craft beers and unique cocktails to whet your whistle. Marrow equals a traditional ingredient used in northern European cuisine, which inspired its menu of superbly-elevated pub fare.

In the kitchen, chef Kai Leitner interlaces West Coast ingredients into mouth-watering dishes that embody Nordic-inspired cuisine.

Diners will want to experience the home-made spicy sausage and goat cheese perogy appetizers. One of Leitner's signature dishes is a masterwork of herb-crusted pork schnitzel, pretzel spaetzel, kraut slaw and a grainy mustard crème fraiche. One must simply end the experience with a truffle cinnamon bun — it is truly divine.

Soak up some beautiful Vancouver sun on the outdoor patio, complemented by a lush micro garden while sampling the local, finely-crafted beers on tap.

"Nordic comfort food is always better with a pint of craft beer," Leitner says.

Whether it's for lunch, dinner or late night eats, Malt and Marrow is the place to visit for scrumptious and unique fare. Call 778-871-3518 to book your reservation.

Cats Socialhouse presents stylish and unique setting

Cats Socialhouse is dedicated to the art of presenting exceptional cuisine in its own stylish and unique setting. The hidden gem is conveniently located at the entrance of Granville Island between the Kids Only Market and the False Creek Community Centre.

There is plenty of room for all ages and groups in the spacious dining room and on the sun-soaked patio. Cats Socialhouse offers free parking, is open for lunch and dinner, and delicious brunch on weekends between 10 a.m. and 2 p.m.

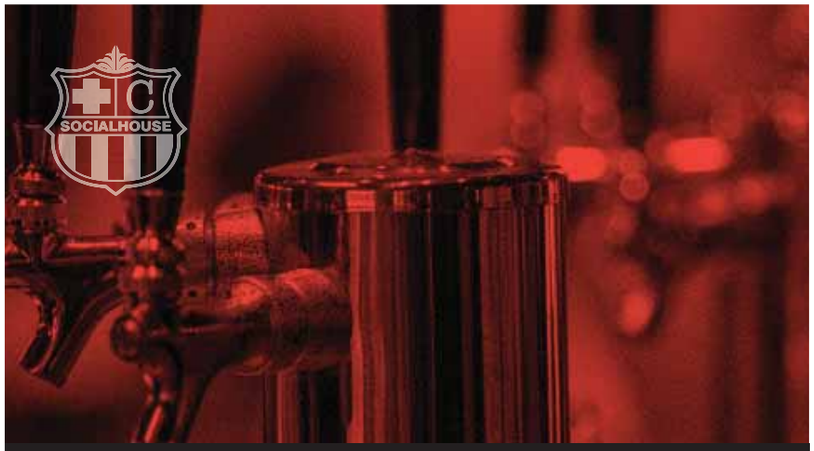
Cats Socialhouse simplifies the dining experience, integrating fresh food and great service in a relaxed environment. Relax on the patio filled with couches and pillows that make it as comfy as your living room. Guests say it makes them feel comfortable, relaxed and at home, which is no coincidence because it's the foundation of the term social house.

With $5 drink specials and daily food specials, it's no wonder guests keep coming back. The Social Lager®, Social Red & White Wine and Social Soda are featured every day, along with daily specials like $7 hot wings and dry ribs from 3-6 p.m., and $10 pizzas Sunday and Monday. With the new summer menu rolling out in just a few weeks, you will want to check out the Cats Socialhouse.

Whether you are looking for an intimate dinner for two, a fun meeting place for friends or planning a function in the private room upstairs, Cats Socialhouse is the place to be social.

Stop by Cats Socialhouse at 1540 Old Bridge Rd. Reservations are not usually required, but you can call ahead at 604-647-2287.

CONTRIBUTED



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metro SPORTS

The U.S. men's 4x100 team was stripped of its silver medal from the 2012 Olympics due to Tyson Gay's doping case

SOCCER

Whitecaps draw with Edmonton

Gershon Koffie scored in the 87th minute as the Vancouver Whitecaps tied FC Edmonton 1-1 on Wednesday in the first leg of their Amway Canadian Championship semifinal.

Tomi Ameobi replied for Edmonton, which hosts the second leg next week.

Koffie, who was directly responsible for Ameobi's early goal that stunned the Whitecaps, made amends for the error by poking a shot past Edmonton goalkeeper Matt Van Oekel with Vancouver pressing late.

Earlier, Koffie collected a pass just outside his own penalty area only to be dispossessed by Ameobi, who moved in on Paolo Tornaghi before coolly slotting home the goal.

The winner of the tie will face the Montreal Impact in the national final.

THE CANADIAN PRESS

FC Edmonton's Kareem Moses, left, and the Whitecaps' Darren Mattocks collide on Wednesday night. DARRYL DYCK/THE CANADIAN PRESS

Cassels having fun in matchup with McDavid

CANUCKS PROSPECTS REPORT

Vancouver draft pick tasked with shutting down phenom

Cam Tucker
Metro | Vancouver

Playoff hockey can take its toll. For Cole Cassels and his Oshawa Generals teammates, a day off and a mini-putt tournament was apparently one way to temporarily get away from it all.

The task before the Generals is to earn a berth in the 2015 Memorial Cup by defeating the Erie Otters in the Ontario Hockey League championship series.

Cassels, a Vancouver Canucks prospect who turned 20 years old last week, has had the job of trying to stop — or limit — Connor McDavid, the generational talent who is expected to go No. 1 overall in this year's draft.

Stopping McDavid sounds next to impossible. He only recorded 120 points during the regular season. That's after missing time with a broken hand and the world junior tournament. He has 45 points in 18 playoff games prior to puck drop on Wednesday.

Through the first three games of this best-of-seven series, the Generals managed to keep McDavid to three points.

Recently in the Columbus Dispatch, Generals head coach D.J. Smith outlined his plan of putting Cassels, a creative centre with a nasty side to him, up against McDavid as often as possible.

"I have fun doing it and I take pride doing it," said Cassels, Vancouver's third-round pick, 85th overall, in a phone interview.

"If I can hold him off as well as I can, then I give our team a chance to win. And doing that means the world to me."

In the first two games — both wins for the Generals at home — Cassels said he was able to get out against McDavid on a regular basis, but playing on the road presented a challenge in the matchup.

"When he's out there, that's all we're trying to do — limit everything he can do and get him frustrated," said Cassels, who entered Wednesday fourth in OHL playoff scoring.

"If the puck's out of his hands, we're doing the right thing."

OT HERO

Cassels scored 8:19 into overtime to lift Oshawa to a 6-5 win over Erie on Wednesday in Game 4 of the OHL final. Oshawa took a 3-1 series lead.

THE CANADIAN PRESS

Cole Cassels, Vancouver's third-round pick in 2013, is closing in on a Memorial Cup appearance with the Oshawa Generals. AARON BELL/OHL IMAGES

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Rangers close out Caps

NHL PLAYOFFS

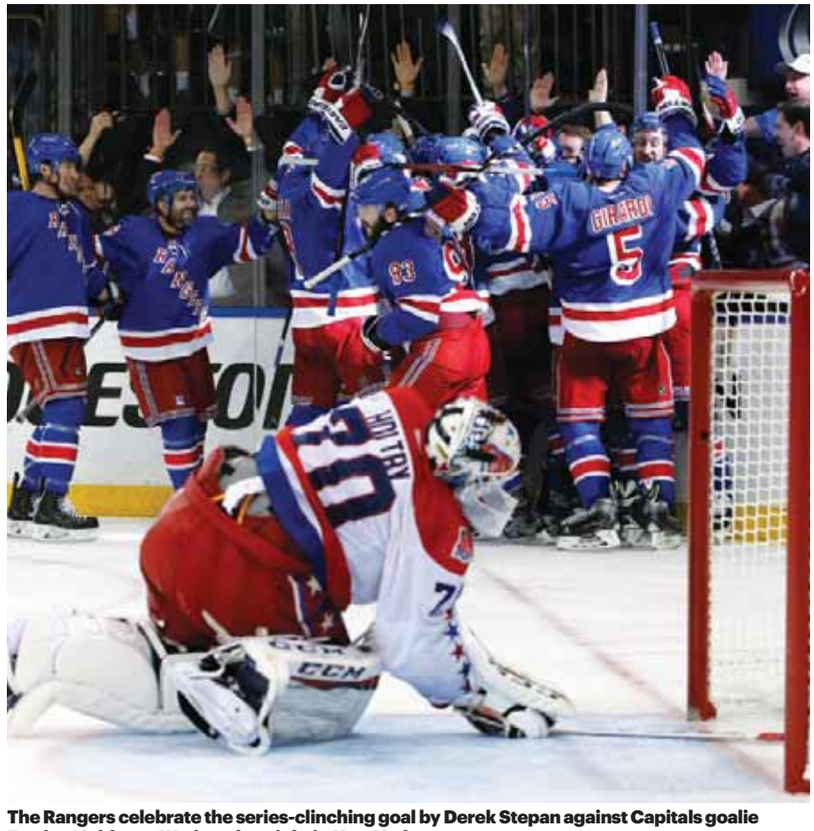
New York completes comeback from 3-1 down

Derek Stepan scored 11:24 in overtime, lifting the New York Rangers past the Washington Capitals 2-1 and into the Eastern Conference final Wednesday night.

Stepan's wrist shot from the left wing after he won a faceoff — a rarity for the Rangers — capped a comeback from a 3-1 deficit in the series. The Rangers are the only team to manage that in successive years, doing the same thing to Pittsburgh in the second round in 2014.

GAME 7 In New York

2 NEW YORK RANGERS 1



The Rangers celebrate the series-clinching goal by Derek Stepan against Capitals goalie Braden Holtby on Wednesday night in New York. KATHY WILLENS/THE ASSOCIATED PRESS

Alex Ovechkin scored in the first period for Washington, which has lost five Game 7s in as many tries when leading a series 3-1. Kevin Hayes tied it in the second.

New York, which had the NHL's best record this season, will face Tampa Bay for a spot in the Stanley Cup final, where the Rangers lost to Los Angeles last spring. The series begins Saturday at Madison Square Garden.

Although the Rangers were badly outplayed early in overtime, Henrik Lundqvist stood tall in goal and the Capitals couldn't find that winning touch. That's something the Rangers seem to own in a seventh game: New York has won six in a row, including the last three series against Washington.

It was the Rangers' fourth overtime win in as many tries this year, all by 2-1 scores. It was a cruel finish for Braden Holtby, who was superb all series and made 37 saves Wednesday night.

THE ASSOCIATED PRESS

NBA PLAYOFFS

Horford snatches unlikely Hawks win

Al Horford snatched away an offensive rebound and dropped in the winning basket with 1.9 seconds left after Dennis Schroder's drive to the basket was blocked by John Wall, giving the top-seeded Atlanta Hawks an 82-81 victory over the Washington Wizards on Wednesday night and a 3-2 lead in the Eastern Conference semifinals.

Paul Pierce appeared to have doomed the Hawks again when his 3-pointer from the corner gave the Wizards an 81-80 lead with 8.3 seconds left. Wall, playing for the first time since Game 1 after fracturing several bones in his left hand, fell to the court in celebration.

Al Horford scored the last gasp winner. GETTY IMAGES

But Atlanta had one more chance. Horford snatched the ball away from Nene, who tumbled to the court. Uncontested, the Hawks centre put in the winner. THE ASSOCIATED PRESS

Go to metronews.ca. for results from Game 5 of the Grizzlies-Warriors series.

CHAMPIONS LEAGUE

Juve into final after booting Real Madrid

Juventus came back from a goal down to draw 1-1 with Real Madrid on Wednesday and line up a Champions League final against Barcelona with a 3-2 victory on aggregate.

Former Madrid striker Alvaro Morata scored the priceless equalizer for Juventus against his old club in the 57th minute at the Santiago Bernabeu Stadium.

Madrid was trailing 2-1 after last week's first leg in Turin.

THE ASSOCIATED PRESS

Despite scoring a penalty, Cristiano Ronaldo couldn't will Real Madrid past Juventus on Tuesday. GETTY IMAGES

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LEGAL

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Re: The estate of HUGH HARVEY, deceased, formerly of 2143 West 46th Avenue, Vancouver, BC, V6M 2L2, who died on February 6, 1930.

Beneficiaries having an interest in the estate of the Deceased are hereby notified that particulars of their interest should be sent to #2700 – 700 West Georgia Street, Vancouver, BC, V7Y 1B8, on or before June 8, 2015, after which date an application for the removal of a charge on title held by the Deceased on real property located at 4506 Rupert Street, Vancouver, BC, may be made without further notice. Alexander Holburn Beaudin + Lang LLP, Barristers + Solicitors.

IN BRIEF

Noted labour attorney assigned Brady's appeal

Labour attorney Jeffrey Kessler will aid in the players' union's planned appeal of Tom Brady's suspension.

The New England Patriots quarterback was suspended by the NFL for the first four games of the 2015 season for his role in the deflating of footballs. He has until Thursday to file the appeal. His lawyer, Don Yee, and the union have said they will appeal. THE ASSOCIATED PRESS

Giants ink Popowich

The Vancouver Giants signed centre Tyler Popowich to a WHL agreement, the club announced Wednesday. The Giants selected Popowich with the third overall pick in the WHL Bantam Draft last week. He played the 2014-15 season with the Okanagan Hockey Academy bantam prep team. "He has really strong hockey sense," Giants general manager Scott Bonner said in a statement.

"We're excited that Tyler and his family have committed to the Giants." METRO

Cleveland's Kluber strikes out 18 to make history

Corey Kluber shrugged his shoulders at making history. He was just as dismissive with the Cardinals.

Kluber struck out 18 — the most by an AL pitcher since Roger Clemens in 1998 — and allowed just one hit in eight innings to get his first win this season in style, leading the Cleveland Indians to a 2-0 win over St. Louis on Wednesday night. The reigning AL Cy Young winner, Kluber (1-5) didn't yield a hit until Jhonny Peralta grounded a clean single to centre in the seventh.

THE ASSOCIATED PRESS

RECIPE Rose's Famous Light Banana Bread

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Ready in
Prep time: 10 minutes
Baking time: 30 minutes

Ingredients
- 1 large ripe banana, mashed (about ½ cup)
- ¼ cup vegetable oil
- ¾ cup granulated sugar
- 1 large egg
- 1 tsp vanilla extract
- ¼ cup reduced-fat sour cream
- ¾ cup all-purpose flour
- 2 Tbsp whole wheat flour
- 1 tsp baking powder
- ½ tsp baking soda
- ⅓ cup semisweet chocolate chips

Directions

1. Preheat the oven to 350°F. Lightly coat an 8- × 4-inch loaf pan with cooking spray.

2. Using a whisk or an electric mixer, combine the banana, oil, sugar, egg, vanilla and sour cream in a large bowl until smooth.

3. In another bowl, combine both flours, baking powder and baking soda. With a wooden spoon, stir the dry mixture into the banana mixture until the dry ingredients are just moistened. Fold in the chocolate chips.

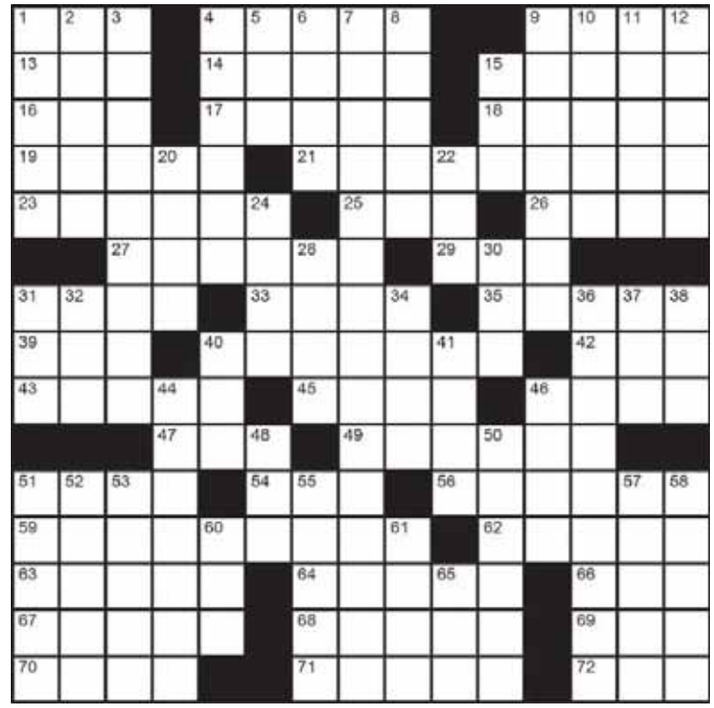
4. Pour into the prepared pan and bake for about 30 to 35 minutes or until a tester inserted in the middle of the loaf comes out clean. Let the loaf cool in the pan on a wire rack before removing and slicing into 8 slices.

Nutrition per serving (recipe serves 8)
- Calories 254
- Protein 3.2 g
- Carbohydrates 38 g
- Fibre 1.6 g
- Total fat 10.6 g

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Cdn. party
4. Serving of pie
9. -Fis friends
13. __ Vos Prec (1920 T.S. Eliot volume of poetry)
14. Opera voice
15. Repeated words from protesters
16. Pro
17. Sonata's final movement, often
18. __ Rica
19. Japan's capital
21. "The Grand __" (2013) directed by Don McKellar
23. New York's capital
25. Bard's 'throughout'
26. Hamlet, current production at #59-Across, starring Toronto-born actor Jonathan __
27. Immerse
29. Actress Lucy
31. Grade
33. Hurrays!
35. Beginning
39. "20/20" network
40. Maritime marauders
42. __-game show
43. 2002 Denzel Washington movie: name + letter
45. "I __ __ a loss for words."
46. Garden invader
47. 'Tail'-meaning prefix
49. Early Julia Roberts movie, "__ Pizza" (1988)
51. "The cheque __ the mail.": 2 wds.
54. Viral malady
56. Skull guy in Shakespearean tragedy Hamlet
59. Ontario city known for its plays Festival
62. Pine
63. Mr. Schreiber's
64. Egypt's capital
66. Philosopher, __-tzu
67. Meg's "Sleepless in Seattle" (1993) role
68. Toward the stern
69. AC/DC song
70. Search
71. Songstress Ms. Ronstadt
72. Uh-huh

DOWN
1. Can.-US-Mex. pact
2. Salivate
3. Green area seating: 2 wds.
4. Durable
5. Mr. DiCaprio, to pals
6. Travel lodgings
7. Babylonian king's law etched onto an ancient basalt stele at the Louvre in Paris: 3 wds.
8. Wear away from weather
9. __ wedding
10. Music keyboard name
11. Fly __ _ rage
12. Pedestal
15. Gladiator's 300
20. Pull
22. www address
24. Omar's "Doctor Zhivago" (1965) role
28. Superman's mother on Krypton
30. Cyclades island
31. Former British rule in India
32. Actress, Olivia d'__
34. Stick around
36. The Comedy Network = Canadian __ channel
37. Earlier, olde-style
38. Mr. Danson
40. Alphabetic trio
41. Online crafts buying/selling site
44. Vast region of Arctic in northern Quebec
46. Undercover tapping device
48. Not on
50. Car name
51. __ Malvinas (The Falklands)
52. Author of Goosebumps stories, R.L. __
53. "I Remember Mama" (1948) star Ms. Dunne
55. Regional
57. Heavy construction lifter
58. String problems
60. The Waste Land poet's monogram
61. Sigourney Weaver role, __ Fossey
65. "Mayberry _._._" (Classic television comedy)

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You don't lack for confidence at the moment but confidence can only take you so far. At some stage you will have to deliver on all the big promises you have made, to yourself and to others.

Taurus April 21 - May 21
It may seem as if time is running out, that if you don't start something now the opportunity will pass you by. Common sense should tell you that simply isn't true. You will always get another chance, so take your time and get it right.

Gemini May 22 - June 21
You are coming to the end of one of the toughest times of the year and when the Sun moves into your sign a week from now your confidence will come flooding back. Take it easy for now.

Cancer June 22 - July 23
Try not to let praise go to your head today because there is a real possibility that someone is bigging you up just so they can knock you down again. Anyone who encourages you to take risks and cut corners is not to be trusted.

Leo July 24 - Aug. 23
Something will happen over the next few days that seems like a setback, but later in the month it will become clear it was exactly the opposite, so stop worrying. Focus on the here and now.

Virgo Aug. 24 - Sept. 23
Do not say anything you suspect may not be true. The words may not have come from you originally but the planets warn it is you who will take the blame. Never trade in gossip or hearsay.

Libra Sept. 24 - Oct. 23
Let others take care of you for a change. Life has been tough of late and you deserve a break — in fact you deserve a vacation. You will be working hard again soon enough.

Scorpio Oct. 24 - Nov. 22
You may not be the most original member of the zodiac but you are certainly the most determined, so keep plugging away and don't worry that others seem to be doing better than you.

Sagittarius Nov. 23 - Dec. 21
A problem you have been grappling with may be tough but there is a solution, so keep asking and keep searching and you will find what you are looking for in the end.

Capricorn Dec. 22 - Jan. 20
The Sun remains in the most dynamic area of your chart for one more week, which means you still have time to start something new. Pay no attention to those who counsel caution.

Aquarius Jan. 21 - Feb. 19
Family and financial issues need to be dealt with fast, before they get even more tangled. The Sun's move into your fellow Air sign of Gemini next week suggests fun times.

Pisces Feb. 20 - March 20
You seem to have a lot to say for yourself at the moment, which is fine, but if you talk too loud and too fast you may miss something worth hearing, something that could both have made you money and saved you trouble.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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		6		8		1		

Difficulty Level ★★★★

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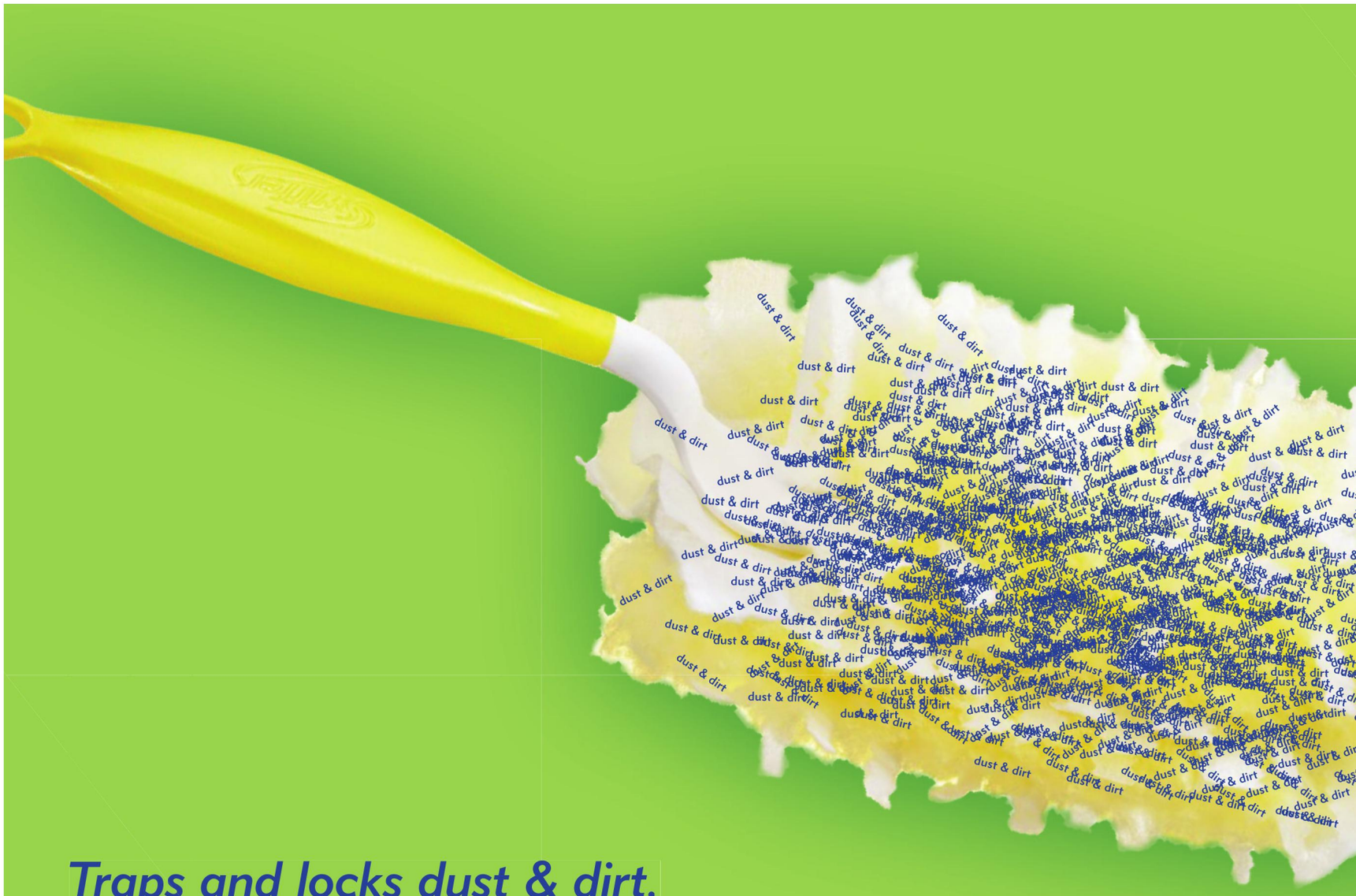

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